

Poshan Abhiyan-2020 cum Krishak Gosthi

Krishi Vigyan Kendra, West Khasi Hills had celebrated “Poshan Abhiyan-2020 cum Krishak Gosthi” on the 17th September, 2020 at Tirot Sing Memorial Hall, Pyndengumiong Mairang. The programme was inaugurated by Shri. Batskhem Rynthiang, MDC Nongkhaw-Mairang Constituency as the Chief Guest in the presence of Shri. A. Nongbri, S.D.O (Civil) Mairang Civil Sub Division, Smti. N. Passah, SDPRO, Mairang and other dignitaries from ICDS, Social Welfare department and especially the presence of 52 participants from farm women, ASHA and Anganwadi workers from the district. Smti. L. Warjri, Senior Scientist & Head, KVK, West Khasi Hills in her welcome speech had highlighted that Poshan Abhiyan-2020 is the programme of the central government and used to celebrate every year in the month of September. She also stressed that this programme will be useful for the women and children to be free from malnutrition, anaemia which could be achieved through the training to be imparted by the concerned office. Shri. A. Nongbri, S.D.O (Civil) Mairang Civil Sub Division had expressed the importance of the programme especially for the ASHA, Anganwadi workers so that they could start Nutri-garden at their centre. He also assured that he would seek assistance to start such Nutri-garden through MGNREGA. The Chief Guest in his speech stressed that women played a main role in the family and society. Such programme would help the participants to know more about balanced diet, and how to achieve it is through hard work and training from KVK and from Anganwadi centres. The programme was continued with seed distribution from the Chief Guest and the dignitaries.

The next session was followed by the training session from the Nutritionist, Smti. W. Marwein, ICDS, Nongstoin on Nutri thali for balanced diet followed by the session from Kum. Y. Sohtun (SMS Horticulture) on Nutri garden, biofortified varieties in nutrition and vegetables cultivation.

